

**PINGVINLEKENE 2016 TIDSSKJEMA**

**Søndag 14. februar 2016**

**LØP**

**60 meter hekk 11:00-12:15**

11:00	G18-19 + MS	106,7-100,0 / 13,72 / 9,14
11:05	G11	68 / 11 / 6,5
11:10	J11	68 / 11 / 6,5
11:15	J12	76,2 / 11 / 7
11:20	G12	76,2 / 11 / 7
11:25	G13	76,2 / 11,5 / 7,5
11:30	J13	76,2 / 11,5 / 7,5
11:35	J14	76,2 / 11,5 / 7,5
11:40	J15 + J16	76,2 / 12 / 8
11:45	G14	84 / 12 / 8
11:50	J17	76,2 / 13 / 8,5
11:55	G15	84 / 13 / 8,5
12:00	KS	84 / 13 / 8,5
12:05	G16	91,4 / 13 / 8,5

**Opprop inndras**

10:15	1 + 1 (1)
10:20	9(2)
10:25	5(1)
10:30	8(1)
10:35	6(1)
10:40	9(2)
10:45	5(1)
10:50	5(1)
10:55	4+3 (1)
11:00	4(1)
11:05	4(1)
11:10	9(2)
11:15	2(1)
11:20	3(1)

**60 meter 12:15-12:50**

12:15	G17	11:30	2(1)
12:20	J17	11:35	10(2)
12:25	J18-19	11:40	8(1)
12:30	KS	11:45	5(1)
12:35	G18-19	11:50	12(2)
12:45	MS	12:00	15(2)

**200 meter 13:15-14:00**

13:15	G11	12:30	16(4)
13:25	J12	12:40	20(5)
13:40	G12	12:55	18(5)
13:55	J11	13:10	16(4)

**600 meter 14:15-16:00**

14:15	G11	13:30	11(1)
14:25	J15/16	13:40	4+4(1)
14:30	J17/18-19	13:45	1+4(1)
14:35	J11	13:50	7(1)
14:45	J12	14:00	8(1)
14:50	G15	14:05	7(1)
14:55	G16	14:10	8(1)
15:05	J10	Ingen avkrysning	8(1)
15:10	G12	14:25	8(1)
15:15	J14	14:30	11(1)
15:25	J13	14:40	5(1)
15:30	G10	Ingen avkrysning	20(2)
15:40	G13	14:55	11(1)
15:45	G14	15:00	9(1)
15:55	G17/18-19	15:10	1+6(1)
16:00	MS	15:15	6(1)

**TEKNISK 11:00-16:00**

11:00	G10	Lengde	Grop 2	31
11:00	G14	Kule		8
11:00	J10/11/12/13/14	Stav		1+1+3+2+1
12:00	G13	Lengde	Grop 1	24
12:00	G12	Lengde	Grop 2	17
12:00	G11	Lengde	Grop 3	17
12:05	G17 + G18-19 + MS	Kule		2+2+4
12:40	J14/15/16	Kule		7+3+2
13:15	G16+G17+G18-19+MS	Høyde	Matte 3	1+1+4+2
13:15	G15	Lengde	Grop 2	11
13:15	G16	Lengde	Grop 3	7
13:30	G13	Kule		6
13:50	J13	Lengde	Grop 3	17
14:15	J12	Kule		16
14:15	J15	Lengde	Grop 2	6
14:40	G14+G15	Høyde	Matte 3	6+4
14:40	J14/16/17	Høyde	Matte 2	4+3+3
15:00	J13	Kule		10